

# **ALLERGENS MENU**



## The Windmill by Jersey Kitchen

STARTERS		MAINS
Gambas Pil Pil ** 2, 5, 7 Large shelled king prawns grilled with garlic, chilli, paprika. Sourdough to dip!	9.95	Roast Sirloin of Beef (Sunday only) 3, 5, 7, 9 £18.50 Duck fat potatoes, Yorkshire pudding, cauliflower cheese, vegetables & gravy
Prawn Cocktail ** 2, 3, 5, 7, 9 A classic served with Marie Rose sauce & buttered wholemeal bread	9.00	Thai Mussels ** 2, 5, 8 17.95 Steamed in a spicy coconut cream broth. Served with toasted sourdough & fries
Hand Dived Jersey Scallops 5, 7, 8, 9 Seared and set on black pudding with an apple calvados puree	12.50	Moules Mariniere ** 5, 7, 8 17.95 Steamed with white wine, cream & garlic. Served with toasted sourdough & fries
Caesar Salad Croquettes 1,3,4,5,7,13 8.50 , Golden fried chicken, anchovy & parsley croquettes, romaine lettuce, Caesar dressing	/14.00	Cauliflower Gyros <b>VG</b> 5, 10, 13, 14  Roasted with thyme, rosemary, garlic, oregano, cherry tomato, cucumber, Kalamata olives & tzatiki sauce
Salt & Pepper Chicken GF 3, 9 Dry fried goujons of chicken with chillies and shallots	8.75	Windmill Dirty Burger ** 5, 7 15.50  Jersey beef, melting Jack cheese, little gem, JK relish, gherkin, red onion. beef tomato, fries + bacon £3.00
Korean Tempura Cauliflower <b>VG</b> 5, 9, 12 Crispy fried cauliflower tossed with spicy Korean sauce w/ sesame & spring onions	8.25	Korean Chicken Burger 1, 5, 7, 12, 13 15.50 Crispy buttermilk chicken, red slaw, bacon, spicy Korean sauce, spring onions, sesame seeds, fries
Scottish Smoked Salmon 4, 5, 7, 14 Whipped cream cheese, caper berries, red onion, toasted bagel	9.50	Moolloumi Salad V 5, 7, 9, 10, 14  Blanc Pigeon farm "moollumi" cheese with pomegranate, bulghur wheat, baby leaves, spiced
Hot Artichoke Dip <b>V</b> ** 5, 7, 14 With toasted sourdough and Perello olives	8.50	orange vinaigrette + chicken £3.00
SNACKS / MAINS		Thai Red Curry <b>GF</b> 2, 5 Chicken 18.95 Spicy coconut cream curry infused with lemongrass, kaffir lime leaves & coriander. Served with basmati rice and prawn cracker <b>V</b> eggie 17.50
Breakfast Stack 3, 5, 7, 9, 14  Toasted croissant bun, fries hens egg, smoked bacon, Cumberland pattie, tomato + black pudding £1.50 + hash brown £1.50	9.00	Pan Fried Fillet of Seabass <b>GF</b> 3, 4, 7, 14 22.95 Lemon & pepper marinade, crushed new potatoes, green beans & hollandaise sauce
Avocado Toast V ** 3, 5, 7, 9, 13, 15 Smashed avocado, beetroot hummus, poached egg, hollandaise on sourdough  + bacon £3.00 + smoked salmon £4.00	9.00	Persian Spiced Beef Koftas 1, 3, 5, 7, 9, 13 14.50 Cucumber, mint, & Jersey yoghurt raita, toasted flatbread, rainbow slaw & green salad
Mushroom Toast VG ** 1, 5, 10, 12, 13, 14 Miso & thyme fried mushrooms, crushed endamame	9.00	Seared Jersey Hand Dived Scallops <b>GF</b> 8 22.95 Set on a rich, creamy spinach and Parmesan risotto
beans, beetroot hummus on toasted sourdough  Mezze Hummus Platter VG ** 5, 13	12.50	Roasted Squash & Chcikpea Curry VG GF 5, 9 16.50 Flavoured in a creamy coconut and tomato sauce with mini papadums, pickled chutney & basmati rice
Mediterranean vegetables, roasted garlic, vine leaves, olives, pomegranate & flat bread to dip		Steak & Liberation Ale Pie 1, 3, 5, 7 16.95
Classic Croque Monsieur 1, 3, 4, 5, 7, 13 Smoked ham, melting Gruyere cheese, Dijon mayo & rich creamy bechamel sauce. Served with a side salad + egg	11.00	Crispy puff pastry, creamy pomme puree & broccoli florets  Vietnamese Noodle Bowl 3.5 16.50
£2.00 Salt & Pepper Chicken <b>GF</b> 3, 9	15.50	(Chicken or Beef) Noodles, egg & coriander with a star anise, cinnampon &
Dry fried goujons with chillies, shallots, green saland and fries	.5.55	cardamon broth

1-Celery 2-Crustaceans 3-Eggs 4-Fish 5-Gluten 6-Lupin 7-Milk 8-Molluscs 9-Mustard 10-Nuts 11-Peanuts 12-Sesame 13-Soya 14-Sulphites 15 \*\*- NGCI Option Available



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BREAKFAST Served 9-11.30am		DESSERTS  Freshly made in house Available all day	
The Fry Up 3, 5, 7, 9, 13  2 Bacon, 2 Happy Hens eggs, 2 Cumberland sausage, grilled tomato, mushrooms, beans and hash brown with sourdough toast + black pudding 1.50	).75	Pecan Pie 3, 5, 7, 9, 11  Loaded with pecans and gooey sugar in a buttery crust, served with Jersey Dairy vanilla ice cream	7.95
Scottish Fry Up 3, 5, 7, 9, 14 10 Lorne square sausage, haggis, black pudding, 2 smoked	).75	Classic Banoffee Pie 3, 5, 7 Buttery biscuit base with dulce de leche & sliced bananas topped with whipped Jersey cream	7.95
bacon, 2 Happy Hens eggs, tattie scone, grilled tomato, mushrooms, baked beans & sourdough toast  Veggie Fry Up (V) 2, 5, 7, 13  9.	.50	Sticky Toffee Pudding 3, 5, 7  Everyone's favourite! Topped with our rich, buttery toffee sauce, served with Jersey Dairy vanilla ice cream	7.95
2 Happy Hens eggs, 2 Moving Mountain veggie sausages, grilled tomato, mushrooms, baked beans, hash brown & sourdough toast		Treacle Tart 3, 5, 7  Classic rich, syrupy tart served with Jersey Dairy vanilla ice cream	7.95
Breakfast Stack 3, 5, 7, 9, 14  Toasted croissant bun, Happy Hens egg, smoked back bacon, Cumberland patty, grilled tomato + black pudding 1.50 + hash brown £1.50	.00	Baked White Chocolate Cheesecake 3, 5, 7 Rich and creamy baked white chocolate cheesecake served with a tangy raspberry compote	7.95
Filled Rolls 3, 5, 7, 9, 14  Brioche roll made onsite by our baker with your choice of 2 fillings. Add £1.50 per additional item. Fried egg,	5.95	Mars Bar Spring Roll 3, 5, 7  Hot & gooey mars bar in a crisp spring roll pastry, served with a scoop of Jersey Dairy vanilla ice cream	7.95
smoked bacon, Cumberland sausage, Moving Mountain veggie sausage, black pudding, mushrooms, hash brown, grilled tomato, haggis, Monterey Jack cheese		Profiteroles 3, 5, 7 Choux pastry buns filled with creme chantilly, rizzled with warm chocolate sauce	7.95
Smashed avocado, beetroot hummus, poached egg, hollandaise on sourdough	.00	Triple Chocolate Brownie <b>GF</b> 3, 7, 13 Fudgy & chewy chocolate brownie	5.25
Miso & thyme fried mushrooms, crushed endamame	.00	Jersey Dairy Ice Cream <b>GF</b> 3, 7 3 scoops. Choose from vanilla, dark cherry or salted carame	6.50 I
Homemade Granola V 3, 5, 7, 10, 12  Greek Yoghurt, honey, chai seeds, fresh berries & sliced banana bread	3.75	DON'T FORGET TO CHECK OUT OUR OTHE HOME MADE FRESHLY BAKED CAKES AN PASTRIES ON THE DESSERT COUNTER!	

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Please inform a member of our team of any allergens you have BEFORE placing your food order. Our kitchen is not equipped to be totally allergen or gluten free & therefore whilst we take great care to minimise risk and safely handle the foods that contain allergens, please be advised that cross contamination may occur, as factors beyond our reasonable control may alter the formulations of the food we serve, or manufacturers may change their formulations without our knowledge. Detailed allergen information is available on request.

Thanks for your understanding.



